

THE ANGELUS

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Christ Episcopal Church • Winchester, Virginia

January 2018

From the Rector

Dear People of Christ Church,

I hope that you were able to find joy and rest in the celebration of the Nativity and in welcoming 2018. I am particularly grateful and give thanks for those clergy who have served this parish so faithfully over the past few months: The Rev. David Bicking, The Rev. Deanna Boynton, The Rev. Richard Clark, The Rev. Dr. John Kater, and The Rev. Michael Mohn. Their willingness to help with everything from the Wednesday Noon Eucharist to preaching on Sundays has made sure that our congregation is nurtured in Word and Sacrament, as well as helping me not get too overwhelmed.

We will continue to have these and a couple of other guest clergy from the Diocese preach on Sundays and serve at the Wednesday service.

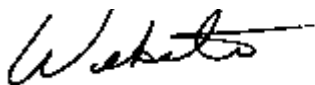
I am regularly asked about the next clergy person to serve at Christ Church. There are a couple of points I will mention at this point of my search for an assistant. Yes, we will look to have someone here, hopefully, by June or July. I am working with the Diocese of Virginia's transition officers to find candidates whose gifts might work well with Christ Church. Most, if not, all of these candidates will be recent seminary graduates, perhaps from the Diocese of Virginia, perhaps from another diocese.

As part of this process, I sent the diocese the basic job description for what I am looking for in an assistant, and will begin to hear back from the Diocese, probably this month or next, for people to interview. As I narrow that field, I will work with the Vestry and other parish leadership to meet the candidates and discern who might be best to help the parish grow in its various ministries and programs. The varied perspectives and wisdom of the parish leadership will provide me with other insights and considerations needed to make the final decisions.

One part of my search process, which I discussed with the Vestry, is to restore the position of the assisting clergy to the program often described as "Curate." Curate is the term traditionally used to describe new clergy who come to serve in a parish in order to gain parish experience, a sense of personal skills, and prepare to serve as rector in other parishes. This position typically has a two to three-year tenure before the curate goes to another parish. I have found that congregations like Christ Church work very well with this curate program because the parish is good at raising up new clergy to prepare them for leadership in the broader church. Given the fact that the national church is looking for well-prepared clergy due to the high number of clergy retirements coming up in the next few years, it is helpful to make sure new clergy are well taught.

In the coming months of 2018, I will keep you up to date with the search process. I appreciate your gracious hospitality and care for the retired clergy who are assisting us. I will let you know about guest clergy who will be preaching in the next few months. I hope to see you at the annual meeting on January 28!

Faithfully,



The Very Rev. Webster Gibson, Rector
rector@christchurchwinchester.org

JANUARY 2018



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From the Vestry

Annual Meeting and Vestry Elections

On Sunday, January 28, we will have our Annual Meeting at Christ Church from 9:30-10:15 am in the Tilford Room. The annual meeting is the time that the congregation elects a new class of four people to serve on the Vestry. The Vestry is the group that serves as “agent and legal representative of the Parish in all matters concerning its corporate property and the relations of the Parish to its Clergy.” The members help the rector in mutual ministry of worshipping and serving our Lord. Webster’s favorite diocesan canon for vestry is: “Each Vestry member shall extend personally a hearty welcome to newly baptized, confirmed, received, or transferred members of the congregation.”

Adult communicants in good standing are allowed to vote at the meeting. If you are not sure if you are technically a member at Christ Church, please call the Church Office prior to the Annual Meeting. We encourage those new to the parish, or not yet members, to attend the meeting because this is a good way to see what is going on at Christ Church.

The annual meeting is also time for reports from officers of the Vestry—Senior Warden, Junior Warden, and Treasurer—about the parish. This includes not only the updates on financials and completed projects, but also future projects and opportunities and challenges for the parish in the coming year. Please be sure to be with us on Sunday morning, January 28, for this important part of our parish life.

Best wishes to Bishop Gulick

During my tenure at Christ Church, “Bishop Ted” has been involved in the life of Christ Church in more ways than you might realize. He has been a part of the congregation’s celebration of baptisms, confirmations, receptions during his annual visitations. He has been camp chaplain to our youth during their summer camps at Shrine Mont. He provided counsel and guidance to the clergy of Region 14. He has done all of this after his “retirement.” So please join me in thanking Bishop Ted as he tries, once again, to retire!
~ Webster



From the Diocesan quarterly magazine, *The Virginia Episcopalian*, Fall Edition:

The Rt. Rev. Edwin “Ted” Gulick Jr. has announced that he will retire as Assistant Bishop of Virginia on December 31. He and his wife, Barbara, will retire to their farm in Fauquier County, where they will continue to contribute to the life of the Diocese.

A native of Virginia, Bishop Gulick returned to the Diocese as Assistant Bishop in 2011. He previously served as Bishop of the Diocese of Kentucky from 1994 to 2010. Before becoming a bishop, he served as a parish priest in the dioceses of Maryland and Southern Virginia for 20 years. During his seven years of ministry to the Diocese of Virginia, Bishop Gulick has focused his passion on an array of initiatives, including ecumenical relations, re-imagining the regions of the Diocese, dealing with congregational conflict and, of course, supporting his beloved Shrine Mont. Having served as a counselor at Shrine Mont in the 1960s, he continues to cultivate this “place apart” as an inspiration for the future leaders of the Church.

In the wider church, Bishop Gulick co-chaired the Anglican Roman Catholic Dialog USA. In 2001, he was appointed by Archbishop of Canterbury George Carey to serve on the International Anglican Roman Catholic Commission on Unity and Mission. Bishop Gulick’s boundless energy for ministry and his unparalleled ability to make the Gospel alive and relevant to everyday life make him a beloved leader of the Diocese.

Christian Formation

Sunday School News

Epiphany: Sunday School classes resume on January 7. Younger classes will begin their Epiphany lessons with a visit from the Magi. Besides learning that their visit confirms that God's love and grace are available to all, we will be reminded of the gifts they offered to the Christ Child. After they show us their gifts of gold, frankincense, and myrrh, we will begin to consider the gifts we can offer.

Also on January 7, Children's Chapel resumes its normal schedule during the 10:30 am service. The group from Children's Chapel will join their parents in the sanctuary at the Peace. Welcome back!

A special thanks to all who helped with the Christmas Eve pageant and December activities in the Sunday School. You are a blessing!



Youth Group News



Thank you to our youth and younger people and their parents who helped to make sandwiches for our WATTS guests in December. The guests appreciated the effort our congregation gave to give them a place to sleep and food to eat.

The youth group program picks up again on January 7. There are plenty of opportunities to help provide supper for our youth. Please remember, the parents are not the only ones who are invited to help provide the suppers! If you want to sign up, please go to the parish website under *Youth Program* and click on the *Sign-Up Genius* link. If you would like to help provide a meal and have questions, please feel free to ask Webster. It takes a village to raise children, especially 15 to 20 teenagers! Please do not be shy to help!

Parents of youth in 6th—8th grade, please keep an eye out and your ears open for the date of our first pilgrimage 2019 meeting.

Sunday Adult Forum

Adult Forum starts again on January 7. We will continue our series study on the apostle Paul. We will use the second volume of the new program, "The Challenge of Paul," from the publisher "Faith and Reason," which has been popular with our Adult Forum in the past.

Paul is one of Christianity's most impactful, yet most debated and misunderstood figures. In "The Challenge of Paul," John Dominic Crossan gives us the benefit of his lifelong search for the Paul of history to create a new understanding that sheds new light on Paul and why he is more relevant than ever today.

Each Sunday class covers a different lecture and topic which allows people who might not be able to attend each class to be able to make sense of and enjoy the other lectures. Please join us in the Tilford Room on Sunday mornings at 9:30 am. Coffee always provided!

Outreach

Thank You!

All,

Thanks to all on the Christ Church Winchester Area Thermal Shelter (WATTS) Team. We had a hugely successful host week! We closed down our WATTS shelter and moved it on to our friends at Grace Lutheran. During our host week, we provided 242 nights of thermal shelter, hot dinners and breakfasts, bagged lunches, and winter clothing to over 40 adults from the Winchester area. As during past seasons, there are a number of really heart-warming and heartbreaking stories from our WATTS week. One that particularly touched me was that of a 45 year-old female guest whose left arm was in a cast (and she is left-handed) who waited two nights to get an open cot in our WATTS shelter. Prior to our host week, she was living in her storage unit. Your teamwork and efforts made a difference in the life of this woman, and all of our guests. Thanks again for your awesome support!

Pat Kofalt



And more Thank You!

The generous congregation of Christ Church has done it once again! We turned in 145 bags of toys, clothes, and even a few bicycles for the 2017 Salvation Army Angel Tree. Can you imagine the smiles of all those children?! Thank you to all who took the time to shop and those who made monetary donations, which helped the Salvation Army meet a shortfall of toys for 10-12 year old children.

The cash donations sent us to both Target stores in the area. While in line at the Legge Boulevard Target, a couple overheard what we were shopping for and the wife explained to us that she was in the line to return a coloring book. She told us that she wished to donate the book! The manager then offered a \$65.00 gift card. The manager at the Target at Rutherford Crossing also presented us with a \$75.00 gift card. All of this good fortune, in addition to the donations from this congregation, allowed us to purchase 84 toys, worth \$701.81, for a grand total of \$561.81. What a great feeling!

Thank you to the many helpers who assisted in passing out the Angels and explaining the details to everyone. Thanks also to those who collected the bags of gifts on December 10 and those who took them to the Salvation Army offices. Thank you to every angel in our congregation and bless you!

Ann and Jim Taylor for the Outreach Committee



Outreach

Allocation of Outreach Funds

The Outreach Committee is pleased to share that the Vestry has approved and adopted our requested allocation of the rest of our 2017 budget. The recipients of financial support this year are Panda Pantry (\$8000), Salvation Army Dinners (\$750), Evans Home for Children (\$639.28), Habitat for Humanity (\$1000), The Compassionate Pharmacy of Winchester (\$500), The Free Medical Clinic of Winchester (\$500), Episcopal Relief & Development (\$2000)*, Community Thanksgiving Dinner (\$250). *This gift will be doubled thanks to a matching grant in effect for December.

Earlier this year, the Vestry approved our committee's request to provide \$1500 of our budget to support the monthly Winchester Rescue Mission Dinners initially being sponsored by the Men's Fellowship.

The Outreach budget is determined each year by the Vestry and is determined as a percentage of our congregation's pledged support each year. So, all of these contributions are thanks to you! The new Executive Outreach Committee got "up to speed" on the many ministries sponsored by Outreach as the leaders of each ministry came and spoke to the committee to describe how things have been working and discussed needed support for the future. By the time we had completed this process, the committee realized that the remainder of the 2017 budget had not been allocated and that they needed to move quickly to get gifts out before the end of the year!

To do this, an initial suggested list of allocations was circulated to the committee based on prior year allocations and newer opportunities. Members were asked to reflect and provide their own thoughts as to both recipients and amounts and the committee met twice to discuss and settle on final requests to the Vestry. Each of the final allocations was unanimously approved by the committee.

In the future, we intend that the committee will, as usual, be able to spread out its community involvement (both financial and physical) over the course of the calendar year, recognizing that almost all of the outreach ministries have needs that may be better met at differing times. We will continue to meet monthly (at least) to discuss ways to maintain and further expand our outreach in the community and the world. As an "executive" committee, we are hoping to organize the process of involving our fellow congregants in discerning areas of outreach. Each of our members is prepared to meet with anyone wishing to present any new ideas or plans for ministries to the committee and then bring that idea to the committee. Outreach Executive Committee members are Cheryl Crowell, Chris Ferguson, Katie Harvard, Pam Kennedy, Farley Massie, Linda Miles, Jim Taylor, and Jeremy Welts.



Calendar and Upcoming Events

Church Services

Sunday

Holy Communion Rite I 8:00 am
Holy Communion Rite II 10:30 am

Wednesday

12:00 pm Pilgrim's Chapel
(Healing Service 3rd Wed)

Second Monday

6:30 pm Special Needs—Sanctuary

January

- 4 Women's Lunch Group
- 7 Adult Forum, Sunday School, Children's Chapel, Youth Group resume
- 8 Daytime Faith Study. Special Needs Service
- 13 Men's Fellowship
- 16 Knit Unto Others
- 18 Women's Lunch Group
- 22 Daytime Faith Study
- 24 Salvation Army Dinner
- 28 Annual Meeting

Committee & Group Meetings

Adult Choir Rehearsal	Wed: 7:00 pm
Adult Forum	Sun: 9:30 am
Alleluia Singers	Sun: 8:45 am
Daytime Faith Study	2nd/4th Mon: 10:00 am
Knit Unto Others	3rd Tues: 2:00 pm
Men's Fellowship	2nd Sat: 7:30 am
Outreach Committee	4th Tues: 7:00 pm
Properties Committee	3rd Tues: 7:00 pm
Treasure Box	Wed & Fri: 10 am-4 pm
Women's Lunch Group	1st & 3rd Thurs: 11:30 am
Vestry	2nd Tues: 7:00 pm
Women's Book Studies	Tues: 10:30 - Noon Thurs: 6:30 pm – 7:45 pm
Youth Group	Sun: 6:00-7:30 pm



**Look for
Christ Episcopal Church Winchester
and like us to stay up-to-date on the latest news!**

**The Rector's day off is Friday.
Church Office Tel. 540-662-5843**

January Birthdays

- 1 Olivia Adams, Steve Martin
- 2 Nancy Davis, Chelsea Trant
- 3 Jim Griffin, Sara Major
- 4 Neile Martin
- 5 Ben Sheppard, Sam Wise
- 7 Alexandra Barton
- 9 Owen Turnbull
- 10 Chris Northrup, Sr.
- 11 Caroline Lawson, Clarke Wiley, Susan Ross
- 12 Sam Leinbach, Jr.
- 13 Thomas Ellington, Jim Petrie, Stephen Pettit
- 15 Amy Whipkey
- 16 Claire Lewis, Betsy Young
- 18 John DeBergh, Pam Lamborne,
Nathaniel Goodman
- 24 Margaret Arthur, Helen Zebarth
- 25 Robert Bronson
- 26 Christopher Northrup, Jr., Ned Stock
- 27 JoAnn Larsen, Jonathan Sheppard
- 28 Roger Lamborne
- 31 Jazmine Pellot, Kim Gronauer, Ruben Rodriguez



January Anniversaries

- 1 Wayne & Pam McKinley
- 16 Robert & Edna Chase
- 29 Ron & Koy Mislowsky

celebrate!



Please Note:

We will publish birthday and anniversary information only with explicit permission. Please contact the Church Office if you wish to be added to or deleted from these lists. Please keep the Church Office informed of any changes to your address, phone numbers and e-mail addresses. Please let the office know the school addresses of our college students.

Properties News

Projects in 2017

Over the past year, your Properties Committee has accomplished a great deal of work, especially on structural and water concerns of our facilities, with masonry work, painting and drainage work. We look forward to the spring 2018 project of the restoration of the front porch of the Old Rectory.

Many of these projects are easy to miss, and may go unnoticed! For example, we did some weather-proofing to get ready for winter. Insulation was added to the attic of the church and Old Rectory, which will keep the buildings much warmer and less expensive to heat. We also installed interior storm windows in the Parlors and youth classrooms in the Old Rectory. See the pictures below!

And yes, “interior” storm windows. Being located in the historic area of Winchester, there are certain requirements we need to keep so as to maintain the historic exterior of our buildings. Exterior storm windows are not part of that historic veneer. So, in order to save on heating and cooling costs with our single pane windows, we had interior storm windows installed.

The nice part of this insulation project is that it will pay itself back in energy cost savings over the next few years. We also hope that this will help our furnace and a/c units last a bit longer since they should not have to work as hard. People have already noticed the church sounding quieter and the drafts through the Old Rectory being much less pronounced!



Properties News



The masons worked on the brick courtyard this summer to improve drainage.



The Old Rectory Porch re-do project is out for bid and projected for spring 2018!



This was the 2017 project sealing the foundation walls of the church to keep the basement nice and dry.



Doors and trim got fresh white paint in 2017 too!

Finance

The Financial Report

The table below has the actual versus budget performance results for the first eleven months of 2017. Pledged revenue is down from budget by almost \$26,000. Fortunately, a great rummage sale and higher than budget unpledged revenue has offset over half of the pledged revenue shortfall. Expenses continue to be less than budget due, in most part, to the assistant rector's departure in September, as well as lower than budgeted property and maintenance expenses. In summary, we are ahead of budget by about \$30,000 (our YTD actual deficit is about \$4,000 compared to a budget of about \$34,000).

December is historically the largest revenue month of the year. The year-end final numbers will be calculated in early January and the results will be presented in the Annual Meeting in late January.

Christ Church 2017 Operations Budget Performance 1/1 - 11/30	YTD Nov Actual	YTD Nov Budget	YTD Nov Difference
Revenues			
Pledged	\$ 417,521	\$ 443,267	\$ (25,746)
Unpledged	\$ 53,608	\$ 47,300	\$ 6,308
All Other	\$ 32,204	\$ 24,865	\$ 7,339
Total Revenues	\$ 503,333	\$ 515,432	\$ (12,099)
Expenses			
Personnel	\$ 361,260	\$ 385,023	\$ (23,763)
Utilities	\$ 22,559	\$ 25,000	\$ (2,441)
Property & Maintenance	\$ 35,973	\$ 42,340	\$ (6,367)
Office	\$ 23,526	\$ 22,662	\$ 864
Christian Education	\$ 8,468	\$ 9,970	\$ (1,503)
Music	\$ 7,407	\$ 4,530	\$ 2,877
Worship	\$ 1,490	\$ 2,450	\$ (960)
Stewardship	\$ 996	\$ 1,050	\$ (54)
Outreach	\$ 41,255	\$ 50,890	\$ (9,635)
Pastoral Care	\$ 619	\$ 780	\$ (161)
Parish Life	\$ 1,881	\$ 2,140	\$ (259)
Communications	\$ 2,015	\$ 3,083	\$ (1,068)
Total Expenses	\$ 507,450	\$ 549,918	\$ (42,469)
Balance	\$ (4,117)	\$ (34,486)	\$ 30,369

Capital Campaign News

The Capital Campaign account will be closing at the end of 2017. All expected pledged contributions to the campaign have been received. The Vestry recently voted to utilize the balance of funds remaining on-hand, along with some pre-campaign "seed" funds, to pay for recent projects done by the Properties Committee. Many of those recent Properties projects (The list is long - courtyard work, roof painting, asbestos removal, Fairfax Room wall repairs and painting, brickwork on several buildings, Smith Building basement work, stained glass window frame painting, storm window installation, insulation in the Sanctuary, and many more ...) have fallen under the Phase II portion of the Capital Campaign list of projects. So, all of Phase I and many of the Phase II projects were successfully addressed. **It is time to celebrate the completion of the Capital Campaign!**



Parish News

Women's Lunch Group



The Women's Lunch Group meets on the first and third Thursdays of each month (January 4 and 18 this month) at 11:30 am at the Firefly Café and Bakery (3035 Valley Ave.). The food is excellent, the conversations are lively, and there is much laughter – everyone is welcome! No RSVP is necessary.

Men's Fellowship

The Men's Fellowship will meet on Saturday, January 13, at 7:30 am in the Tilford Room for breakfast and a movie. All men of the parish are welcome to attend and join in discussing issues facing men in today's society.

CCAP Collection for January

Let's start the New Year off by bringing in items to help the women of CCAP. In January, we are asking for feminine hygiene products, specifically tampons and bladder control pads (the ones that aren't like diapers). Yes, these items are fairly expensive, but if every Christ Church family can furnish just one package, the ladies would be so grateful. CCAP is very thankful for your efforts to help all of our neighbors.



CCAP (Congregational Community Action Project) is a ministry of 46 worshipping communities in Winchester and Frederick County that have come together to support our neighbors in need with financial, material, and other assistance. There is a bookshelf in the foyer of the Parish Hall marked CCAP. Please leave items there and thank you for your generosity! Contact Jim Taylor (703-403-5264) with any questions.

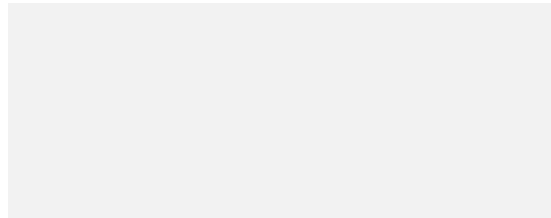


2017 Year-End Contribution Statements will be mailed the week of January 8, 2018.



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Parish Nurse Musings

The holidays are over and what you lack now is sleep! Now that everything is back to “normal,” you feel exhausted. Most people need between seven and eight hours of sleep every night. A few get by on six or less. Only about 1% are okay with that. Two likely signs you’re among them are if you wake up regularly without an alarm clock and you wake up the same time each day. If you are not one of the 1%, here are some tips for coping with the need for more sleep: Don’t sleep during the day and expect to fall asleep in the evening. Force yourself to remain awake. Exercise is excellent to make you want to sleep, but you will have to decide if exercise near bedtime wakes you up or puts you to sleep. This is the same for bathing.



Now for the night time: First, don’t change your bedtime drastically. Gradually move your bedtime by no more than 15 minutes each night. Instead of taking sleep enhancing medications that can become addictive, try having a turkey sandwich with lettuce and a glass of milk about one hour before bedtime. The tryptophan in the turkey, milk, and lettuce is what is in most medications. If you don’t want extra pounds, make your sandwich with turkey rolled up in the lettuce and drink skim milk. Dim the lights about an hour before bedtime and start the routine that tells your body it’s time to sleep. (Put on your PJs, wash your face, brush your teeth, and take any prescription meds you need to at this time.) Avoid the distraction of the TV and computer from this point on. The rapid eye movements you use to watch TV or computer can contribute to sleeplessness. Instead, read something light or meditate on a Bible verse.

See you in church!

Your Parish Nurses – Helen & Rosalie