

THE ANGELUS

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Dear People of Christ Church,

This past fall, we began our journey to see what has changed around us over the past three years. As we come to the end of this program year and look back, one of the main parts of my reflections is to say THANK YOU to you for being a part of the life and ministries of Christ Church.

A couple of months ago in a conversation with someone about our lower Sunday attendance compared to pre-pandemic levels, the person asked me what I found to be the biggest difference. When I considered that question, I told them that I will never forget how awful I felt in 2020/2021 when Martin and I would come into an empty sanctuary and try to pretend that people were there with us as we conducted our worship. It was a feeling of loneliness like none I had encountered before because I had never encountered such circumstances before. This may sound peculiar, but this past year's ability to journey with other people into unknown attendance, ministry development, and fellowship was refreshing since I did not feel alone.

When the Vestry, staff, and I began our planning for this program year, we had a lot of uncertainties because we had not done things over the past year. Sunday School had wonderful involvement and commitment from the families and retirees to make sure we could have Sunday School. While we had to remember and make adjustments around our outreach ministries, we continued to be witnesses of Christ's love as we served others around us. We also saw our worship continue to develop as we returned to four ushers, acolytes, lay readers/chalicers, and choir and saw an increase in new parishioners in our worship community. All of this gave me a refreshed sense of the presence of Christ in our life together.

All of that is to, once again, say thank you to Martin, Jean, Margery, Noelle, Theresa, Tuffy, DeLyn and Marsha with their help on staff. Thanks to Helen Zearth and Rosalie Lewis who continued our parish nurse ministries in advocacy, care, and education. Then we have choir, all of our Sunday School teachers and children's chapel leaders, committees, and our church mice who gave of their time and talent. I am so appreciative of your gifts.

Please continue to follow along with our communications through the summer. We still need help with our VBS. We will have some Sunday family service offerings. The Vestry will be busy working on our next program year which is only a couple of months away. While the old saying may be, "Episcopalians are the only Christians confident enough in their faith to take the summer off," we won't be taking the summer off. We just refresh and regroup.

But concluding this past year, I can only say thank you for being a part of the life of Christ Church.

Faithfully,



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"Church mice?" Church mice refers to members of the congregation who work quietly, behind the scenes, individually usually, without recognition, to accomplish chores helpful to the parish. We have church mice who launder kitchen towels and who pull weeds and who pick things up and drop things off... Depicted here:



From the Clergy

Webster and I have spent the season of Easter thinking about the Acts of the Apostles along with the Sunday Adult Forum. We've worked through the early chapters of the book, which records the life, growth, and struggles of the very early church, beginning with the descent of the Holy Spirit on the disciples at Pentecost. Now, as we begin the Season after Pentecost, what we sometimes think of as "Ordinary Time" or "the end of the program year," I've been reflecting on what Acts has to say to us about the life of the church now.

There are really two threads happening in the early chapters of Acts. In one of them, extraordinary things are happening. The church grows rapidly; the disciples preach in the face of opposition; healings and miracles are going on thanks to God's power.. But in another thread, Acts points to a much more everyday part of the church's life. It records questions about the work of leadership and caring for the community, and the early church's efforts to find solutions. (Including what sound like some of the first church committees!) It describes the life of the church in worshipping together, in coming together to care for the needs of those in need, in figuring out how to manage being a church that exists not just in one city but in many places.

In putting both the power of God, and the most everyday and mundane stuff of church life together, Acts reminds us of something that is still true for the church today. Our life as Christians will always include those day-in, day-out commitments - to worship, to learning, to prayer, to caring for others. All of that matters, because it is what sustains the life of the church, and helps bring us together. And our life as Christians will always depend on God's power, and God's grace, made known to us in prayer, in baptism and communion, in all the ways that we know that God is present in truly incredible ways.

The Season after Pentecost is a wonderful time to remember both those sides of our life as Christians. Our Gospel readings take us through the incredible ministry of Jesus as Matthew's Gospel remembers it. And at the same time, we lean on those ordinary habits and disciplines that keep the life of the parish, and our faith lives going. When we hold those things together, we can start to see God's presence and grace, in every moment of our lives.



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Congratulations to our Graduates!

- Zoe Conrad and Lindsay Pifer graduated from Handley High School.
- Sarah Roberson graduated from Handley High School and is heading to Clemson University.
- Jack Nelson graduated from Boyd J. Michael, III Technical High School and will attend James Madison University.
- George Gibson graduated from the University of Richmond with a Bachelor of Science in Business Administration. He will be working for PwC in Richmond.
- Michael Roberson graduated from UNC-Chapel Hill.
- Kathryn Nicole Graves earned a PhD in Neuroscience from Yale University and is headed to Columbia University for post-doctorate neuroscience research.
- Emma Young graduated from Virginia Tech with a Bachelor of Science in Psychology. She's in Richmond working for the United Network for Organ Sharing.
- Samuel Tatum Wise graduated from Washington and Lee University with a Bachelor of Arts degree. He was a Spanish Language and Global Politics double major.

Christian Formation

Summer Plans for Young Families

As we enter the summer months, our children's programming changes to offer worship and learning opportunities to accommodate the changes in most families' schedules. Since Sunday School is done for the year, there will be a parent-supervised **play group** in Sunday School Commons beginning at 10:15 am each Sunday. Children will be brought to the sanctuary to join their parents at the Peace. Parents, contact Margery Wingenbach to sign up to supervise for a Sunday or two during June, July, and August. There is no lesson to prepare.

Afternoon family services will take place on June 18 and July 23 at 4:30 pm. Depending on the weather, we will meet in the courtyard or in the Tilford Room. Since children are active participants in the service, the morning play group will not meet these two Sundays. Mark your calendars now!

If you haven't already signed up for **Vacation Bible School**, register now! There is a registration form on the church website. July 10-14th is not far away and we need a rough count of how many classes to prepare for **Rocky Railway**. After a three-year hiatus, we are excited to resume our shared ministry with our neighbors at Grace Lutheran. It's never too late to register, but it is helpful to have some numbers in mind. Don't forget to invite your friends, neighbors, and cousins. The program is free from 9:00 am-noon each morning and in addition to all the great learning and worship opportunities, offers music, games, and a snack time per age group. Each class has a teacher, an adult assistant, and a youth member so we are always happy to have additional volunteers.



Many, many thanks go to our Sunday School and Children's Chapel team that have led us back to those special times on Sunday mornings. Our Preschool team - Lucy DeBergh, Ann Elwood, Stephanie Lessard-Pilon, and Kate VonSchuch, our Kindergarten through grade 2 team - Mike Cipiti, Jillian Kalbaugh, and Caroline Wingenbach, and our grades 3-5 team - Jane Fitz, Martha Griffin, and Danny VonSchuch, have led our Sunday school classes. Ashley Haines, Amy Whipkey, and Laken Whipkey, along with a number of youth helpers, have made Children's Chapel a much anticipated part of children's Sunday worship. What a dedicated and awesome group!

Additional family programs have taken place during the 2022-2023 session. I'm so appreciative of the help of Pam DeBergh. We offered family Advent wreath-making, gingerbread house building, and pretzel baking, with extra pairs of hands from Teresa Jacobsen and Jody Wall. Sarah Celec steered us through the chaos of costuming the children for the Christmas pageant and the Christmas Eve Nativity procession. Thank you, extra special folks!

~ Margery Wingenbach

Church Calendar

Services at Christ Church

8:00 am Holy Eucharist, Rite I
10:30 am Holy Eucharist, Rite II
in the Sanctuary

Holy Eucharist at Westminster-Canterbury
Every 1st & 3rd Thursday at 10:30 am



Look for
Christ Episcopal Church Winchester
and like us to stay up-to-date on the latest news!

The Church Office is open Tuesday—Thursday
from 10:00 am to 4:00 pm.
Call ahead before you visit!

Committee & Group Meetings

Adult Forum	Sun: 9:30 am
Choir Rehearsal	Wed: 7:00 pm (Done for the summer)
Bible Study	Wed: 10:30 am
Outreach Committee	4th Tues: 7:00 pm
Knit Unto Others	3rd Tues: 2:00 pm
Properties Committee	3rd Tues: 7:00 pm
Vestry	2nd Tues: 7:00 pm
Daytime Faith Study	2nd & 4th Mon: 10:00 am
Treasure Box	Wed & Fri: 10 am—4 pm Sat: 10 am—1 pm
Women's Book Studies	Tues: 10:30 am Thurs: 5:30 pm Parlors



The Angelus is a monthly publication of Christ Episcopal Church.

Church Calendar

June Birthdays & Anniversaries

- 1 Jim Taylor
- 2 Bernice Brown, Nancy Tabaka
- 3 June Davies, Florence Elwood
- 4 David Bicking
- 5 Gregory Elwood
- 11 Evelyn Gibson
- 12 Kay Jones
- 16 Gerald Crowell
- 18 Jim Wiedower
- 21 Suzanne Pettit
- 22 Christopher Francis
- 23 Kathryn Schain
- 24 Maria Tedesco
- 25 Walter Jagiello
- 26 Bill Wiley
- 30 Lokie Voight

- 1 Jared & Katlyn Painter
- 8 Bill & Katy Wiley
- 9 Tim & Cathie Waldie
- 9 David & Margery Wingenbach
- 9 Tom & Lori Ellington
- 10 Joe & Caroline Wingenbach
- 12 Jim & Martha Griffin
- 12 Dick & Katie Clarke
- 13 Rob & Susan Ross
- 16 Don & Betty MacDonald
- 16 Bob & Nancy Mitchell
- 18 Dan & Pat Shaner
- 19 Bill & Anne Drury
- 19 Nelson & Barbara Keech
- 20 Mark & Judy Pennypacker
- 26 Ashley & Betty Futral



July Birthdays & Anniversaries

- 1 Ann Crocker
- 2 Betty MacDonald
- 3 Gil Kesser
- 5 Mark Pennypacker, Sr.
- 6 George Gibson
- 7 Nick Nerangis, Philip Sargent
- 9 Eve Brown, Bob Mitchell
- 11 Pat Leinbach
- 14 Kirk Gibson, Linn Power
- 15 John Claybrook, Ron Mislowsky, Ron Graves
- 17 Julie Read, Pat Shaner
- 18 Karey Starnes, Rebekah Wiedower
- 19 Stacy Talbott, Luke White
- 21 Kylie Moore
- 22 Holt Roberson
- 23 Robin Koneczny, Cathie Russell
- 25 Arthur Sperry
- 25 Lynn Huff
- 30 Doug Thomas
- 31 Tim Whipkey

- 6 Webster & Rebecca Gibson
- 7 George & Tricia Glass
- 9 Gary & Susan Sheppard
- 16 Jim & Diedra Kriewald
- 24 Tim & Amy Whipkey
- 25 Lynn & Maureen Huff
- 30 Steve & Loretta Johnston
- 30 Roger & Pamela Lamborne

Please Note:

We will publish birthday and anniversary information only with explicit permission. Please contact the Church Office if you wish to be added to or deleted from these lists. Please keep the Church Office informed of any changes to your address, phone numbers and e-mail addresses.



From the Properties Committee

Project Updates

The Properties Committee is happy to welcome new members as they continue to work on items around the church. Members currently include James Baden, Marsha Baden, Pam McKinley, Dan Wall, Dan Shaner, David Hawkins, Sandy White, Steve Martin, Kevin Kennedy, and Phil Sargent.

After more than a year, the committee is still monitoring the arrival of the new HVAC unit for the Tilford Room. Prayers continue that it will be installed before we need heat again.

The oven in the Tilford Room kitchen has been recalibrated. There was an issue during WATTS host week and it underscores the need for training for those using the gas oven.

The committee is contacting contractors for several jobs—installing glass panels in the interior sanctuary doors, removing a dead tree from near the Baden Center, repairing a water-damaged window. Several members are also reviewing all current maintenance contracts so the committee has a better understanding of those.

The committee is discussing maintenance and improvements to the Baden Center (pictured right), and how we host church and community groups in that space. There are groups using the space every weekday.

The Properties Committee meets the third Tuesday each month at 7:00 pm. If you are interested in helping to care for the buildings and grounds of Christ Church, please speak with a committee member!



From the Finance Committee



Don't forget to keep up with your pledges this summer!

From the Outreach Committee

Volunteers Needed for CCAP Event

On Saturday, August 26th, CCAP's 3rd Annual Benefit Bike Tour will take place, bright and early, rain or shine, with 10, 30, 50, 70, and 100-mile rides throughout Winchester and the surrounding countryside. Riders can register now here and spaces are limited! Volunteer opportunities at the registration table, three rest stop tables, and for cheerleaders along the routes will also open up soon for enrollment at ccapwinchester.org. But Christ Episcopal has signed up for six volunteers to staff the rest stop at Richard's Fruit Market from 10:00 am to 1:00 pm, so here's your chance to jump on a fun way to represent Christ Church and serve CCAP! If you would like to be one of these six volunteers, please call Betsy Young at 540-327-2266, or email her at betsykyleyoung@comcast.net.



Apple Blossom Parades Recap

We made \$3,118 to support our ministry with Bright Futures from sales of parade seats during Apple Blossom this spring. Thanks to all the volunteers who came out to sell tickets, set up chairs, help folks find their seats and put chairs away until next spring. It was a great to see the parades back in full swing again! Thanks to Katie Harvard for all her hard work!

Collection Item for June

During the month of June, we will be collecting diapers (girls' sizes 2-3, girls and boys sizes 5-6) to help with CCAP's mission of meeting basic needs for people in Winchester and Frederick County. As you do your shopping this month, please remember CCAP and bring donations to church on Sunday or deliver to the Church Office at 114 W. Boscawen Street on Wednesdays between 10:00 am and 2:00 pm.

Diapers are one of the biggest needs that CCAP's clothing ministry to children meets. In the 4th quarter of 2022, they shared 15,438 diapers! For more information about assisting with CCAP's mission, please contact Martin Geiger (540-773-5564).



From the Pastoral Care Committee

A Note from the Parish Nurses

It is wonderful to see many new faces in our congregation and we think this is a good opportunity to welcome an additional parish nurse to our group - Susan Francis (pictured right). She is no stranger to many of us, in fact, she has been active in this church for many, many years! What a gift to all of us!

As promised in May's Angelus, let's explore the background and review the many benefits of having parish nurses, also known as faith community nurses (FCN) in our congregation. The Rev. Granger Westberg of Chicago began this effort in 1984. Rev. Westberg realized that parish nurses' presence was a vital link between health systems and congregations. He also recognized that the church has promoted health and wholeness for centuries through worship, music, sharing, and caring. The church is the only human institution in our society that interacts with individuals from birth through death.



In our area, the parish nurse program began as a "grassroots" effort by Shenandoah University School of Nursing (Martha Erbach, RN), Winchester Medical Center (Rev. Monge, RN), and area clergy. To date, more than 400 nurses locally have been trained in this specialty since 1992. These nurses are professional registered nurses who have had educational preparation in holistic ministry. Faith community women and men provide special health promotion services, assist individuals in this faith community in gaining optimal mental, physical and spiritual health. As a health advocate, the parish nurse may offer suggestion/options, however the parishioner makes his/her own decision about his/her health. These specially -trained nurses perform intentional care of the body, mind, and spirit of those they assist and their families. Some of the services include: blood pressure screenings, referrals to appropriate community services, health tips in newsletters, bulletins or information boards, development of support groups, health advocate. They are members of the church staff.

The parish nurse's role is not a provider of hands-on care, not a parishioner's personal nurse, nor does he/she replace the other active ministries already present in the congregation, rather the parish nurse complements the work of the clergy and ministry team.

When you see Susan, please take the time to congratulate her and welcome her in this new ministry! We are thrilled to have her and welcome her wisdom and expertise!!

See you in church!

Your Parish Nurses, Susan, Rosalie, and Helen



Shop at the Treasure Box Thrift Shop!
Open on Wednesdays and Fridays 10—4
and Saturdays 10-1
at 114 W. Boscawen St.

Donations accepted during shop hours!